



We are Menheniot

What do you need? How can you help?

menheniotparishcouncil.org.uk | 01579-342437

Advice & Support	
Methodist Church at Menheniot 07454-758644 Rev Chloe Jones	
St Lalluwys at Menheniot 01579 532186 07899 363458 Rev Becca Bell Sat-Thu All message returned	
St Martin's Church 01579-347411 10.00-12.30 Mon-Fri	Liskeard Methodist 07500-493939 10.00-16.00 Mon-Fri
Our Lady of St Neot 01579-344906 09.00-19.00	Liskeard Salvation Army 07731-885525 11.00-16.00 Mon-Fri
Light & Life Methodist 07712-882741 Sat 10.00-12.00 Sun 15.00-17.00	Greenbank Community 01579-347794 10.00-15.00 Mon-Fri
Grace Community 01579-342437 office@gracecc.org.uk	Volunteer Cornwall 01872-266988 requestforhelp@volunteercornwall.org.uk If you need the services of a volunteer.
Disability Cornwall 01736-759500 Talk and support	La Leche League 0345-1202918 For mums needing formula milk
Samaritans 116-123 day or night Phone based counselling and support	Mind 0300-123 3393 Information and advice for people with mental health problems
Childline 0800-1111 Help and advice for children and young people up to 19 years old	National Domestic Abuse Helpline 0808-2000247 Phone support for women and men in abusive situations
Age UK 0800-1696565 Support & advice for older people	Independent Age 0800-3196789 Befriending service
Family Action 0808-8026666 Support for adult family members	The Silver Line 0800-4708090 Helpline for older people
Royal Voluntary Service 0845- 6080122 Help, advice and support	

18 May 2020